



**Double Knitting Wristwarmers**  
**With Optional Crochet Flower Trim**  
**(Knitted with 2 standard knitting needles)**

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**Materials**

50 grams of any  
standard weight UK  
Double Knitting yarn.

1 pair of 4mm needles.

***Optional flower***

4mm hook  
2 small buttons

Size to fit average  
ladies size hand.



**Tension:** 22 stitches and 30 rows, knitted in stocking stitch with 4mm needles.

**Right Hand** = \*Using 4mm needles cast on 38 stitches. Work 6 rows in 1 x 1 rib. Then starting with a knit row, work 10 rows stocking stitch\*.

**Thumb Gusset**

Row 1 = Knit 19, increase into next stitch, knit 1, increase into next stitch, knit 16.

Row 2 = Purl to end.

Row 3 = Knit to end.

Row 4 = Purl to end.

Row 5 = Knit 19, increase into next stitch, knit 3, increase into next stitch, knit 16.

Continue increase 1 stitch on each side of gusset on every 4th row until there are 48 stitches on the needle.

Work 3 rows straight.

Next Row = knit 32 stitches, turn, cast on 2 stitches.

Next Row = Purl 15 stitches, turn, cast on 2 stitches.

**\*\*Work 3 rows stocking stitch on these 17 stitches. Then work 2 rows, 1 x 1 rib. Cast off in rib. Sew up thumb seam.**

With right side facing, pick up and knit 4 stitches at the base of the thumb, and knit to end of row. (39 stitches).

Starting with a purl row, work 10 rows of stocking stitch.

Knit 3 rows. Cast off. Join side seam\*\*.

**Left Hand = Work as for right hand from \* to \*. (which is the beginning of the thumb gusset)**

Thumb Gusset = Row 1 = Knit 16, increase into next stitch, knit 1, increase into next stitch, knit 19.

Row 2 = Purl.

Row 3 = Knit.

Row 4 = Purl.

Row 5 = Knit 16, increase into next stitch, knit 3, increase into next stitch, knit 19.

Continue to increase 1 stitch on each side of gusset on every 4th row until there are 48 stitches on the needle.

Work 3 rows straight.

Next Row = knit 29 stitches, turn, cast on 2 stitches.

Next Row = Purl 15 stitches, turn, cast on 2 stitches. Complete as for right glove from \*\* to \*\*.

Stitch up side seams.